

OUTLOOK HEALTH



BEST DOCS MUMBAI 2021

DigiMedia Inc. is pleased to present the 6th annual listing of "Best Docs Mumbai" 2021. This Republic Day Special feature showcases the best names in the diverse fields of medicine in the city of Mumbai. This listing is derived on the basis of a peer survey of consultant doctors in Mumbai conducted by us; which is then reviewed by staff of DigiMedia and a final listing is generated and presented here.

An overwhelming response was received this time but due to several constraints, 5 – 7 doctors were picked in each category. Our apologies to the other top doctors who were selected but could not be featured here this time.



Dr. Amish Prakash Mhatre

Dr. Amish Prakash Mhatre is a senior consultant in Vascular and Endo-Vascular surgery. He has been practising in the city, as an expert in the treatment of peripheral arterial and venous diseases, and as an Access specialist for chronic kidney disease patients, who need vascular access for haemodialysis.

He is attached as consultants in Fortis Hospital, Dr. L. H. Hiranandani Hospital, Bhaktivedanta Hospital, P. D. Hospital, Hinduja Health care, Nefron Hospital, APEX Kidney Care, Devangi Hospital, Mukta Kidney Dialysis Centre, to name a few.

He has been a faculty and speaker in various national and international conferences, and a tutor for Vascular Access course.

He has special interest and expertise in providing and maintaining Vascular Access for chronic kidney patients who are on permanent haemodialysis, and till now has created more than 8000 Vascular Access for such patients.



Dr Balkrishna Padate

Dr Balkrishna Padate is a senior consultant in Hematology and Hemato-Oncology at the prestigious P D Hinduja Hospital in Mumbai. He is one of the leading experts in Bone Marrow and Stem Cell Transplantation in the country. Dr Padate has established a modern bone marrow transplant unit at the Hinduja Hospital. He has gained training from the top most hospitals in London, UK, including The University College Hospital(UCLH). He is a fellow of the Royal College in London. He has

multiple publications in international peer-reviewed journals and is a reviewer for the British Medical Journal (BMJ). Dr Padate is a regular faculty in the European conferences. He also provides training for super speciality candidates affiliated to Mumbai University and serves as an examiner for the university in the subject of haematology. His work, treating poor patients in Hinduja Hospital is admired by many authorities in India. Patients from all over the world get referred to him for opinion and treatment in the field of leukaemia, myeloma, lymphoma and bone marrow transplantation.

Tel: 09223479367
Email:balkrishnapadate@yahoo.com



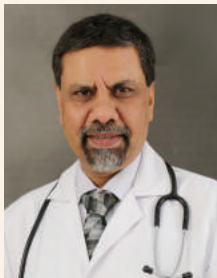
Dr Chandan Mohanty

MBBS, M.Ch(Neurosurgery), FISS (Canada), FIPNS (Canada)

He completed his neurosurgical training from the prestigious National Institute of Mental Health and Neurosciences (NIMHANS, Bangalore) following which he completed two internationally acclaimed fellowships in spine surgery and nerve surgery from Canada. He has been a faculty in national and international conferences with numerous international scientific publications and book chapters. His key

areas of interest are minimally invasive spine surgery, brain tumours, head injury, and nerve surgery.

Consultant Neurosurgeon,
137, 1st Floor MRC Bldg.
Bombay Hospital and Medical Research Centre,
12, New Marine Lines,
Mumbai -400020
Email – drmohantychandan@gmail.com, Ph. No -8451938613



Dr Rasik Shah

Full time Senior Paediatric Surgeon at SRCC NH Children's Hospital with 35 years of surgical experience. For Appointment: 186-0208-0208
Email Id: info.srcc@narayanahealth.org

He is trained at the prestigious Sir J J Group of Hospitals (1980-95) & the University of Tennessee USA (1995-98). He is a pioneer in the field of laparoscopic surgery, urology and cancer surgery in children. He is skilful to carry out all types of basic and advanced laparoscopic and thoracoscopic surgery. He is a good-hearted, compassionate, gifted and a very popular paediatric surgeon. To his credit, there are many articles, guest lectures and operative demonstrations. He has uploaded 122 videos on YOUTUBE and conducted many webinars. He has trained > 350 paediatric surgeons at CEMAST. He is a past president & secretary of Indian Association of paediatric surgeons and PESI-IAPS.



Dr Rushi Deshpande

Dr Rushi Deshpande DM DNB Nephrology is Director of Nephrology at Jaslok Hospital and Research Centre Mumbai. He is a Senior consultant Nephrologist at Sir HN Reliance Foundation Hospital and Saifee Hospital. He is a post graduate teacher in DNB Nephrology and has trained several students in Nephrology over the last ten years.

He is a faculty at several national and international

Nephrology conferences. He is a fellow in Nephrology and kidney transplant from University of Toronto Canada. He was awarded Gold medal in DNB Nephrology and was awarded by H E APJ Abdul Kadam who was then the president of India. Dr Rushi Deshpande is a pioneer in the field of onco Nephrology and serves as honorary Nephrologist at Tata Memorial Hospital for the last several years.

His areas of interest include ABO incompatible kidney transplants and sensitized recipients. He is a founding trustee at Beena kidney foundation and is involved in Nephrology education for early detection and prevention of kidney disease. He has been consistently voted as a top Nephrologist of Mumbai for the last several years



DR PREETAM SAMANT

MS,DNB,FRCs(Edin),DOMS, FCPS,FICO(UK),FMRF
Specialist in Retinal Surgery and LASERS

Director of The Eye Associates

Mumbai (TEAM)

Consultant Eye Surgeon at P.D.Hinduja Hospital, Mahim

Associate Professor in Ophthalmology at Grant Medical College and Sir J.J.Hospital, Byculla



Dr Prerna C Gomes

Dr Prerna C Gomes is Head of Department Anaesthesia, Jaslok Hospital & Research Center Mumbai. She is a Guide to Post Graduate students in Anaesthesia at Jaslok. Dr Gomes is also an Alumni of Tata Institute of Social Science, Mumbai and has received an Executive Post Graduate Diploma in Hospital Administration.



Dr. Bharat Shivdasani

Interventional Cardiologist at Jaslok, Saifee and Breach Candy Hospital. Awarded as 1st to perform ECMO Assisted Angioplasty In Western India DNB Cardiology teacher. Gold Medallist in FCPS. Fellow European Society of Cardiology. Expert in Rotablation, IVUS and FFR guided angioplasty.



Dr. Sadhana Nayak

M.S [E.N.T], Fellow 'Laryngology & Professional Voice Care' U.S.A
Internationally renowned Laryngologist, Voice Specialist & Coach for Speakers, Singers, Actors & Vocalists
Former Professor New York & Mumbai university

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Dr Anshumala Shukla Kulkarni

Dr Anshumala Shukla Kulkarni Consultant Gynecology Laparoscopic & Robotic Surgeon Endometriosis & Pelvic floor prolapse repair Specialist Kokilaben Dhirubhai Ambani Hospital Andheri Mumbai



Dr Tanu Singhal

Dr Tanu Singhal consults at Kokilaben Hospital, Mumbai. She has trained at AIIMS, New Delhi and London School of Tropical Medicine and Hygiene, UK. Her areas of interest include drug resistant and fungal infections, tuberculosis, tropical fevers and COVID-19.

Dr Tanu Singhal Consultant Pediatrics and Infectious Disease Kokilaben Dhirubhai Ambani Hospital Mumbai, India



Dr Christopher de Souza

Dr Christopher de Souza has published the first medical textbook on the pandemic. He has received an honorary FRCS from the Royal College of Surgeons (England). He heads the very successful hearing device program at the Lilavati Hospital and the Holy Family Hospital. He has done hundreds of cochlear implants and a lot of deaf children have following cochlear implant surgery joined schools for children with normal hearing. He has massive expertise in diseases of the thyroid and parathyroid glands on which he has published an ebook with experts from all over the world and

tremendous experience in endoscopic sinus surgery including surgery on the pituitary glands on which he has published several textbooks.
Websites are drchrisedsouza.com and cochlear-implant.in
contact numbers are 9820150897 and 9820056230



Dr Nupur Kapoor Nerurkar

Laryngologist and Voice Surgeon

Head: Bombay Hospital Voice and Swallowing Centre
Past President - Association of Phonosurgeons of India
Member; American Bronchoesophagological Association
Member; American Laryngological Association
Member; International Association of Phonosurgeons



Dr PRATIT SAMDANI

A. Professor Dr. PRATIT SAMDANI (MD, FCPS, DND, FSCCM, FMed.) is an Internal Physician and Intensivist at Breach Candy, Sir H. N., Bhatia, Saifee hospitals in Mumbai. He is an A. Professor of Medicine and A Under and Post Graduate teacher in Medicine and Critical Care.
His academic perfection, holistic vision and sharp clinical acumen makes him one of the finest Internists in the country. Dr. Samdani is a Fellow of the Society of Critical Care Medicine, USA. and has several awards and publications to his credit.

Website: www.drsamdani.com
E - Mail : drpratit@gmail.com

Critical Care Medicine

Dr. F E Udawadia
Dr. Sanjith Saseedharan
Dr. Rahul Pandit
Dr. Bharat Jagiasi
Dr. Shruti Tandan
Dr. Vijay D'Silva
Dr. Jigeeshu Divitia
Dr. Jalil Parkar

Endocrinology

Dr. Nalini S Shah
Dr. Manoj Chawla
Dr. Ritesh Agarwal
Dr. H. B. Chandalia
Dr. Shehla Shaikh
Dr. Shashank Joshi
Dr. Anil Bhoraskar

Gynecology – General

Dr. Anshumala Shukla Kulkar
Dr. Rishma Dhillon Pai
Dr. Neena Warty
Dr.Praveen Rushnaiwala
Dr. Cherry Shah
Dr. Alifiya Bapai
Dr. Anahita Pandole

Dermatology

Dr. Rajesh Kumar
Dr. Shehnaz Arsiwala
Dr. Niketa Sonawane
Dr. Puneet Saroagi
Dr. Uday Khopkar
Dr. Rui j Fernandez
Dr. Malavika Kohli

Gynecology – Ivf

Dr. Jatin Shah
Dr. Hrishikesh Pai
Dr. Indira Hinduja
Dr. Pallavi Priyadarshini
Dr. Ameet Patki
Dr. Anirudh Malpani
Dr. Firuza Parikh

Hematology

Dr. Santanu Sen
Dr. Balkrishna Padate
Dr. Sameet Tulpule
Dr. Mamta Manglani
Dr. Sameer Shah
Dr. Punit Jain
Dr. Abhay Bhawe

ENT Rhinology

Dr. Nishit Shah
Dr. D M Borkar
Dr. Vicky Khattar
Dr. Renuka Bradoo
Dr. Ashutosh Pusalkar
Dr. Kamal Parasaram
Dr. Anamika Rathore

Gastroenterology

Dr. Samir Shah
Dr. Chetan Kantharia
Dr. Devendra Desai
Dr. Chetan Bhatt
Dr. Vibhor Borkar
Dr. Chetan Ramesh Kalal
Dr. Aabha Nagral
Dr. Samit Jain

ENT General

Dr. Samir Bhargava
Dr. Divya Prabhat
Dr. Christopher de Souza
Dr. Rajeev Nerurkar
Dr. Milind Navalakhe
Dr. Sanjeev Badhwar

Gynecology – Ob

Dr. Gayatri Deshpande
Dr. Swarna Goyal
Dr.Vaishali Joshi
Dr. Kurush Paghdhiwala
Dr. Sarita Bhalerao
Dr. Vinita Salvi
Dr. Neeta Warty

Medical Oncology

Dr. Suresh Advani
Dr. B K Smruti
Dr. Nilesh Lokeshwar
Dr. Ruchira Misra
Dr.Dr. Sachin Almel
Dr. Pritam Kataria
Dr. Asha Kapadia

ENT Voice

Dr. Nupur Nerurkar
Dr. Sadhana Nayak
Dr. K K Ezzy
Dr. Anagha Joshi
Dr. Juthika Sheode
Dr. Prarthana Jagtap

Internal Medicine

Dr. Pratit Samdani
Dr. Khusrav Bajan
Dr. Amin Virani
Dr. Rita Dalal
Dr. Tushar Medhekar
Dr. Mangal Jain
Dr. Iqbal Bagasrawala

Neurology – General

Dr. S M Katrak
Dr. Bhimsen Singhal
Dr. Poornima Shah
Dr. Joy Desai
Dr. Manish Chhabria
Dr. Satish Kahdlikar
Dr. Annu Aggarwal

Anesthesiology

Dr. Prerna Gomes
Dr. Vrushali Ponde
Dr. Preeti Chhabria
Dr. Sunita Goel
Dr. Anil Parakh
Dr.Sukumar Salyankar
Dr. Hemant Mehta

Cardiology General

Dr. Yash Lokhandwala
Dr. Dr. Dinyar Daruwala
Dr. C K Ponde
Dr. Ajit G. Desai
Dr. Sudhir Pillai
Dr. Ajit Menon
Dr. Manoj Mashru

Cardiology Pediatrics

Dr. Bharat Dalvi
Dr. Pradeep Kaushik
Dr. C K Ponde
Dr. Swati Garekar
Dr. Shripal Jain
Dr. Shivaprakash
Dr. Shubhangi Upadhye
Dr. Suresh Rao

Cardiology Interventional

Dr. G. P. Ratnaparkhi
Dr. Tilak lall
Dr.Bharat Shivdasani
Dr. Ashwin B Mehta
Dr. Brian Pinto
Dr. Hetan Shah
Dr. Maulik Parekh

Clin Pharmac

Dr. Nithya Gogate
Dr. Renuka Munshi
Dr. Abhijit Barve
Dr.Mubarak Naqvi
Dr. Nilima Kshirsagar
Dr. Sandhya Kamat



Dr G.P. Ratnaparkhi

- CONSULTANT INTERVENTIONAL CARDIOLOGIST AT LILAVATI HOSPITAL BANDRA. HOLY SPIRIT HOSPITAL ANDHERI (E). B.S.E.S HOSPITAL ANDHERI (W).
- **DIRECTOR: CATH LAB CRITICARE HOSPITAL JUHU** DOING ONE OF THE

HIGHEST NO OF CARDIAC PROCEDURE IN MUMBAI
- OWNS ISO CERTIFIED "GURUKRUPA HEART CENTRE" IN ANDHERI WEST (TEL: 26212525 / 9821156115)

- **AWARDED "BEST CARDIOLOGIST OF MUMBAI" IN 2017 BY AUSPICIOUS HANDS OF RESPECTED CHIEF MINISTER OF MAHARASHTRA SHRI. DEVENDRA FADANVIS ON 24TH JUNE 2017**

- TRAINED IN CORONARY ANGIOPLASTIES... FELLOW OF INTERVENTIONAL CARDIOLOGY FRANKFURT GERMANY

- **WRITTEN BOOKS ON PREVENTION OF HEART DISEASE IN ENGLISH, MARATHI, GUJRATI PUBLISHED POETRY BOOK OF HIS OWN POEMS IN MOTHER TONGUE**



Dr Sanjith

Dr.Sanjith is a highly qualified critical care consultant holding diplomas in critical care from three continents .He is a much sought after teacher for the critical care fellowships and much sought after doctor when it comes to saving lives in the ICU. His line of interest lies in neurotrauma,ventilation and nutrition

in critical care. He has 88 peer reviewed articles in peer reviewed journals ,written 1 book, 8 book chapters,7 best research paper awards to his credit ,an award winning patented software in the field of critical care nutrition, and has been a faculty in a number of national and international conferences. Dr.Sanjith presently heads the dept of critical care at the S.L.Raheja hospital and is instrumental in making it one of the best in the country.



Dr Niketa Sonavane

MBBS DDV MD AM
Cosmetic Dermatologist

Dr Niketa Sonavane is a celebrity Dermatologist who is well known for her result oriented treatments.

She has several prestigious awards and international trainings. Dr Niketa is most renowned for her acne treatment and lip enhancement. Besides this her expertise in anti aging treatment such as Botox, dermal fillers and non surgical face lift is unsurpassed. Dr Niketa also specialises in treatment of hormonal problems including laser hair removal and hair loss treatment.

Ambrosia Aesthetics
Andheri West, Mumbai.
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DermatologyDiaries.com



Dr. Rajesh Kumar

MD(AIIMS, New Delhi), FAAD (USA), MISD(USA)

Dr. Rajesh Kumar, MD (AIIMS, New Delhi), is an alumnus of prestigious All India Institute of Medical Sciences, New Delhi. He further completed his fellowship in aesthetic surgery and LASERs from USA. He is an avid reader, academician par excellence and researcher.

Currently, he is working as associate professor with Grant Medical College (Mumbai), Senior Consultant Bombay Hospital and Medical Research Center, Honorary dermatologist to Tata Memorial Cancer Hospital, Breach Candy Hospital, Global Hospital and Hinduja Health Care Surgical, Mumbai.

He is honorary dermatologist to governor of Maharashtra.
www.skinwellness.in For appointments: 9322171207, 9967537787



Dr Vijay D'Silva

Director Critical Care and Director Medical Affairs at Asian Heart Institute, Mumbai.

Neurosurg – Vascular

Dr. Vikram Karmarkar
Dr. Batuk Diyora
Dr. Hrishikesh Sarkar
Dr. Nishant Aditya
Dr.Abhaya Kumar
Dr.Atul Goyal
Dr. Ajay Bajaj

Neurology – Stroke

Dr. Shirish Hastak
Dr. Uday Limaye
Dr. Fali Poncha
Dr. Anil Karapurkar
Dr. M. A. Khan
Dr. Alok Sharma
Dr. Vibhor Pardasani

Neurosurgery

Dr. Chandan Mohanty
Dr. Rajan M Shah
Dr. C E Deopujari
Dr. Vivek Agrawal
Dr. Paresh Doshi
Dr. B K Mishra
Dr. Arun Shah

Neurology – Pediatrics

Dr. Uday Andar
Dr.Shilpa Kulkarni
Dr. Anaita Hegde
Dr. Vrajesh Udani
Dr. Viraj Sanghi
Dr. Pradnya Gadgil .
Dr. Rahul Chakor

Neurology – Movement

Dr. Pettarusp Wadia
Dr. Suresh Shankhala
Dr. Ashok Sirsat
Dr. Mohit Bhatt
Dr. Anil Venkitachalam
Dr. Jayanti Mani
Dr. Pankaj Agarwal

Nephrology

Dr. Deepa Jayaram
Dr. Rushi Deshpande
Dr. Divya Bajpai
Dr. Dilip Ashok Kirpalni
Dr. Alan Almeida
Dr. Bhavesh Vora
Dr.Mukesh M Shete

Ophthalmology – Retinal

Dr. S Natrajan
Dr. Samyuk Mulktkar
Dr. Niren Dongre
Dr. Madhusudan Davda
Dr. Haresh Asnani
Dr.Anand Kumta
Dr. Phiroze Patel

Ophthalmology – Pediatrics

Dr. Neepa Thakkar Dave
Dr. Aswin Sainani
Dr. Hemalini Sawant
Dr. Chandresh Parekh
Dr. Prachi Agashe
Dr. Ashish Doshi
Dr. Pragnya Rathod



Dr Ajay Kolse

MD Consultant Radiation Oncologist

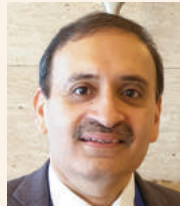
Dr Ajay Kolse is a Consultant Radiation Oncologist practicing at Holy Spirit Hospital,Andheri East Mumbai and has a rich experience of more than 10 years in the field of Oncology.

Interest-Practicing Evidence based medicine with compassion,human touch and sincerity. Modern Radiotherapy techniques and Brachytherapy with special interest in Head and neck,Breast and Gynaecological malignancies. He owes his success to his mentor Dr V Kannan.



Dr. Samir R. Shah MD, DM

Head, Dept of Hepatology, Institute of Liver Diseases, HPB Surgery and Transplantation, Global Hospitals, Mumbai
Email: drshahsamir@gmail.com
Member of the team which performed the first successful liver transplant in Mumbai.
Areas of Expertise and Research Interest: Chronic Hepatitis B, C, Fatty liver disease, Liver Cancer and Liver Transplant. Founder Trustee and the Hon. Gen. Secretary of the National Liver Foundation. Founder Member, Coalition to Eradicate Viral Hepatitis in the Asia Pacific (CEVHAP) Member, Technical Resource Group for Viral Hepatitis, MOH and FW, GOI.



Dr Samir Bhargava

Professor ENT- HBT Medical College, Hinduja Healthcare Hospital, National President Association of ENT Surgeons of India



DR TILAK K LALL

MD, DM, FCPS

Consultant Cardiologist
Specialist in coronary interventions

Affiliated with Sir HN Reliance and Saifee hospitals among other South Mumbai hospitals



Dr. Ritesh Agarwal

MS, MCh
1st MCh qualified Endocrine Surgeon in Mumbai, considered one of the best surgeons in India for Thyroid, Parathyroid, Adrenal Surgery



Dr Shehnaz Arsiwala

MD, DDV, (Gold Medalist)

FOUNDER AND DIRECTOR- RENEWDERM SKIN HAIR LASER AESTHETICS CENTRE MUMBAI
CONSULTANT DERMATOLOGIST SAIFEE

AND PRINCE ALY KHAN HOSPITAL

0982124856/09833309598

www.drshehnazarsiwala.in

Consultant Skin And Hair Specialist,Cosmetologist And Laser Specialist.



Dr Punit Saraogi

(MBBS, FCPS, MD - Gold Medalist)

Clinical & Cosmetic Dermatologist.He is the founder of "Everything Skin & Hair Clinic" at Juhu, Mumbai.



Dr. Nalini S. Shah MD, DM,

Senior Consultant Endocrinologist

Clinic : 303, Doctor House, Opp Jaslok Hospital, Peddar Road, Mumbai 400026
Contact No.: 09619537555
Email: surveshruti20@gmail.com
Prof Emeritus, Dept of Endocrinology
Seth G S Medical College & KEM Hospital
Past President of Indian Society for Pediatric and Adolescent Endocrinology.
Areas of Expertise and Research Interest:
Disorders of Pituitary, Parathyroid, Adrenal, Growth and Disorders of Puberty



Dr Biswanath Gouda

DNB Surgery, FALS (Paris), FHPBA (Paris), MPH (USA)

Consultant in Gastro-Intestinal Surgery Laparoscopic Expert in Gastro-Intestinal Surgeries for digestive disorders, laparoscopic surgery for liver, gall bladder and pancreas disorders, Cancer of the digestive tract. Bariatric procedures for weight loss in metabolic/ diabetic and obesity disorders. He has multiple publications and scientific presentations at various national/International forums.
Add: Speciality Clinic at 11 Geetanjali building, Next to Apollo Pharmacy, S.V Road, Bandra(W) Mumbai.
Email: dr.biswanathgouda@gmail.com
Contact: 08355815360/ 09870757672



Dr Gayatri Deshpande

Dr Gayatri Deshpande is a well-known Gynecologist, Laparoscopy & Robotic surgeon at Nanavati Hospital. As a coordinator of the department, she aims to offer excellent care in high-risk Obstetrics and Robotic surgeries. Her compassion and commitment have made her popular amongst the patients.



Dr Jatin P Shah

An IVF expert and Director, Mumbai Fertility Clinic & IVF Centre.

An internationally renowned specialist in Assisted Reproduction and infertility management, gold medallist in Obstetrics and Gynecology, he has numerous awards and

more than 500 domestic and international lectures, keynotes and orations to his credit. Nicknamed the "IVF commando" he is particularly adept at troubleshooting in infertility management and achieving successful pregnancies in couples who have failed numerous attempts at IVF in the past. His clinic drains patients from more than 30 nations worldwide and is often in the news for his IVF achievements. He is a founder member of ASPIRE (Asia-Pacific Initiatives for Reproductive Endocrinology)

Ophthalmology – Pediatrics

Dr. Neepa Thakkar Dave
Dr. Aswin Sainani
Dr. Hemalini Sawant
Dr. Chandresh Parekh
Dr. Prachi Agashe
Dr. Ashish Doshi
Dr. Pragnya Rathod

Ortho – General/ Fracture

Dr. D D Tanna
Dr. Pradeep Moonot
Dr. Abde Abi Turab S. Choonia
Dr. Shabbir Suterwala
Dr. Prakash Doshi
Dr. Sanjay Agarwala
Dr. Aashish Contractor



Dr Shoaib F Padaria

Dr Shoaib F Padaria is widely acknowledged as the Pioneer of Laser treatment of Varicose Veins in India. An Interventional Cardiologist by training, his special interest lies in the treatment of Peripheral Vascular Diseases, especially Varicose Veins, Deep Vein Thrombosis and Gangrene of the legs. Associated with Jaslok Hospital in Mumbai since 1991, he is currently holding the position of Director of Department of Vascular Sciences. He is an acknowledged expert using various techniques of Laser, RFA, Sclerotherapy and Glue therapy for Varicose veins disease. Dr Padaria is a founding member and Past President of the Venous Association of India, and previously Vice President of the Vice President of the International Union of Angiology. He has operated on patients from more than 35 countries.

He is available at his clinic at Doctor House, on Pedder Road in Mumbai. 022-23525001/23526001 Website: www.varicose.in

 <p>Dr. Vaishali Joshi FRCOG (U.K.), CCT (U.K.), M.D., DNB, DGO, FCPS, European Diploma in Operative Laparoscopy (France), BSCCP Accreditation (U.K.)</p> <p>Dr. Vaishali Joshi is an Obstetrician and Gynaecologist with over 25 years of experience, consulting at Kokilaben Ambani Hospital, Mumbai. She has been felicitated & bestowed FRCOG by The Royal College, U.K. for her 14 years of contribution in the field of Obstetrics & Gynaecology at an International level. Her expertise involves advanced laparoscopy, hysteroscopic surgeries & High-Risk Pregnancy management like severe pre-eclampsia, heart disease, diabetes, autoimmune disease like SLE and extreme prematurity by multidisciplinary approach and evidence-based medicine. She promotes natural child birth and vaginal deliveries.</p>	 <p>Dr. Rishma Pai MD, FRCOG (UK), DNB, DGO, FCPS, FICOG</p> <p>Dr. Rishma Pai is an honorary Consultant Gynaecologist at Lilavati, Jaslok and Hinduja Healthcare Hospitals, Mumbai. She had the privilege of becoming President of all three leading gynaecological, infertility and endoscopy organizations - Federation of Obstetrics and Gynaecological Societies of India - FOGSI, Indian Society for Assisted Reproduction & Indian Association of Gynaecological Endoscopists. She is currently President of Mumbai Obstetric & Gynaecological Society and serves on the board of International Federation of Fertility Societies and World Endometriosis Society. She has been a DNB teacher and given more than 70 orations, 500 invited lectures and has many publications to her credit. She has received numerous International and National awards including Honorary Fellowship ad eundem FRCOG of Royal College of Obstetricians & Gynaecologists, London and Women Empowerment Award by Indian Medical Association at New Delhi.</p>
 <p>Dr Sameer Tulpule</p> <p>Dr Sameer Tulpule is a Senior consultant in Haematology and Stem Cell transplantation at the Kokilaben Dhirubhai Ambani Hospital. Having trained at top UK centres, he worked as consultant in haematology and transplant in the UK.</p> <p>His interests include managing blood cancers, bone marrow failure and bleeding disorders. His expertise in BMT led him to set up the haploidentical stem cell transplant programme at KDAH making it possible for every patient to receive this curative treatment where needed.</p> <p>In addition to presenting his work, he has been invited faculty to numerous national and international meetings. He is a fitness enthusiast and has a keen interest in Hindustani classical music.</p>	 <p>Dr Santanu Sen FRCP(Edin & Lond), FRCPCH, CCT(UK)</p> <p>Dr Santanu Sen is a Senior Consultant in Paediatric Haematology-Oncology at Kokilaben Dhirubhai Ambani Hospital and is an internationally acknowledged expert in Bone Marrow Transplantation (BMT). After 12 years of treating patients in some of the leading cancer and BMT units in the UK, he pioneered HaploIdentical (half-matched) BMTs in the city. With over 30 years of clinical experience, he is a teacher and examiner for the Royal College of Paediatrics & Child Health (UK) and Diplomate of National Board (India). His pioneering philanthropic work with children with thalassemia, sickle cell disease and cancer has gained him international recognition and he works to make Stem Cell Transplantation accessible to all patients.</p> <p>Cell - 932481033 and email: sen.santanu@gmail.com</p>
 <p>Dr Paresh R. Pai</p> <p>Dr Paresh R. Pai is a Vascular and Endovascular Surgeon attached to Bombay Hospital, Hinduja Hospital, Lilavati Hospital, Bhatia Hospital, Global Hospital and Breach Candy Hospital. He has a special interest in treating Carotid diseases for prevention of stroke, treating varicose veins & DVT, treating non-healing wounds and saving diabetic feet with critical limb ischemia.</p> <p>The Vascular Clinic, 15 Dar-ul-Muluk, 26 Pandita Ramabai Road, Mumbai – 400007 www.thevascularclinic.net Tel 23804400, 23804499, 23807700, 9869426541 Email: drpareshpai@gmail.com</p>	 <p>Dr Vibhor Borkar MD, PDCC, DM (Paediatric Gastroenterology)</p> <p>Senior Consultant Department of Paediatric Gastroenterology, Hepatology and Liver Transplantation, NH SRCC Children's Hospital, Mahalaxmi, Mumbai Trained at: GSMC and KEMH, Mumbai; PGIMER, Chandigarh; SGPGIMS, Lucknow. Areas of interest: Paediatric liver diseases, paediatric inflammatory bowel disease, celiac disease, pancreatic disorders, neonatal and paediatric gastrointestinal endoscopies, paediatric liver transplantation</p> <p>Publications: Many original publications in indexed journals</p> <p>For appointment: 02271222555 Email id: childgastroliverindia@gmail.com Website: https://www.childgastroliverindia.com</p>

Ortho – Joints

Dr. Neeraj Vora
Dr. Deepak Bhatia
Dr. Vaibhav Kasodekar
Dr. Sangeet Gawhale
Dr. Rajesh Dharia
Dr. Arun Mulaji
Dr. Vaibhav Bagaria

Pathology – General

Dr. Barnali Das
Dr. Kanchan Kothari
Dr. Avinash Phadke
Dr. Minal Hastak
Dr. Anuradha Murthy
Dr. Kashvi Mehta
Dr. Krishna Desai

Ortho – Spine

Dr. Arvind Kulkarni
Dr. Vishal Kundnani
Dr. Vishal Peshattiwar
Dr. Amit Sharma
Dr. Shekhar Bhojraj
Dr. Nikhil Arbatti
Dr. Abhai Nene

Ortho – Pediatrics

Dr. Ashok Johari
Dr. Farokh Wadia
Dr. Taral Nagda
Dr. Atul Bhaskar
Dr. Chasanal Rathod
Dr. Vikas Basa
Dr. Chintan Doshi

Ortho – Tumors

Dr. Darius Soonawala
Dr. Satish Modi
Dr. Ashish Gulia
Dr. Manish Agarwal
Dr. Ajay Puri
Dr. Shabbir Zaveri
Dr. Chetan Anchan

Ophthalmology – General

Dr. Preetam Samant
Dr. Keiki Mehta
Dr. Sandeep Nagvekar
Dr. Sujal Shah
Dr. Nandini Momaya
Dr. Anjali Nicholson
Dr. Mustafa Parekh

 <p>Dr Punit Jain MD, DM (Hematology)</p> <p>Consultant Hematologist, Stem cell Transplant Physician & Program Coordinator, Apollo Hospitals, Navi Mumbai & Zen Hospital, Chembur. Keen interest - Targetted therapies in Leukemias / Stem cell Transplant Email - drpunitjn@hematcare.in</p>	 <p>Dr. Pallavi Priyadarshini</p> <p>Consultant (IVF) Kokilaben Dhirubhai Ambani Hospital, British Fertility Society certified for management of infertile couple and Assisted Conception.</p>	 <p>DR POORNIMA A. SHAH</p> <p>CLINICAL NEUROPHYSIOLOGIST JASLOK AND SURYA HOSPITAL EXPERT IN INTRAOPERATIVE NEUROMONITORING, PEDIATRIC AND ADULT EMG AND EEG.</p>
 <p>Dr. Rajesh Dharia</p> <p>Consultant Orthopedic and Joint Replacement Surgeon Recipient of national award for excellence Mch Orth(UK), FASIF(Germany)</p> <p>MB,MS Orth(Bom),FCPS Orth(Bom) DNB,Orth(Ind),D'orth(Bom) Associated With Saifee/Bhatia and Wockhardt</p> <p>Email-rajeshpd51@hotmail.com Cell-9820000753 www.boneandjointssurgeon.com</p>	 <p>Dr. Sandip Jain</p> <p>MS, MCh, FRCS (Plastic Surgery) Board Certified in Plastic Surgery -UK www.ourcosmeticsurgeon.com</p>	 <p>Dr Chasanal Rathod</p> <p>Consultant Paediatric Orthopaedic Surgeon at NH SRCC Childrens Hospital, LH Hiranandani Hospital, Currae Hospital Thane and other places across Mumbai</p>
 <p>Dr Deepa Jayaram</p> <p>Consultant Nephrologist and Transplant Physician, MGM Hospital, Vashi, Navi Mumbai M.B.,B.S (KEM Hospital,</p> <p>Seth GSMC) M.D. Internal Medicine (USA) Fellowship in Nephrology and Transplant Nephrology (USA) ABIM Board certified in Nephrology</p> <p>djayaram5@gmail.com</p>	 <p>Dr Prasad U Kasbekar M.S. M.Ch. F.F.B.S</p> <p>Consultant Surgical Oncologist in Dadar and South Mumbai Specialist in Head & Neck, Breast and Gynaecological cancers.</p> <p>Consultant at Wockhardt, Raheja, Bhatia, Shushrusha and Masina Hospital</p> <p>Email :- drprasadkasbekar@gmail.com</p>	 <p>Dr. Pralhad Prabhudesai</p> <p>M.D, DNB, FCCP (USA) Consultant Chest Physician Lilavati Hospital and Research Centre.</p>
 <p>Dr. Rajeev Redkar M.Ch., FRCS (Paed, Surg.) M.S., DNB, FRCS (Edin), FRCS (Glas), FCPS, IAS</p> <p>Consultant Paediatric Surgeon</p> <ul style="list-style-type: none">• Lilavati Hospital• Shushrusha Hospital• Apollo hospital, Navi Mumbai• HN. Reliance Foundation Hospital• S. L. Raheja Fortis Hospital• Ex-Consultant King's College Hospital, London <p>Clinic : 14, Build-Arch Terrace, 1st Floor, S.T. Road, Mahim (W), Mumbai - 400016 Tel: 022-2444 5888 Email: rajeev.redkar@gmail.com Web: www.drrajeevredkar.com</p>	 <p>Dr. Ravindra Ramadwar</p> <p>(MS,DNB(Surgery) MCh,DNB,FRCS(Pediatric Surgery) Honorary Consultant at PD Hinduja Hospital, Hinduja Hospital khar, SRCC children hospital, Zen Hospital and HN Reliance Hospital Mumbai President of Indian Association of Paediatric Surgeons 2020-2021 Chairman of Pediatric Endoscopic Surgeons of India 2013-2015 Pioneer in Pediatric Laparoscopic Surgery Special interest in Laparoscopic surgery for Hydronephrosis, Choledochal cyst, Lung resection, Complex Reconstructive Surgery</p>	

Plastic/ Recon Surgery

Dr. Charudatta Chaudhry
Dr. Sandip Jain
Dr. Siddharth Prakash
Dr. Anshuman Manaswi
Dr. Anil Tibrewal

Dr. Nitin Mokel
Dr. Prabha Yadav

Pain Medicine

Dr. Nitin Morkane
Dr. Navlta purohit Vyas
Dr. Preeti Doshi
Dr. Dawarkadas Baheti
Dr. Jeetendra Jain

Dr. Sheetal Shah
Dr. Mahesh Menon



Dr Vishal Peshattiwar

Doctor Vishal Peshattiwar is a pioneer of Minimal Access Spine Surgery, Navigation and AI enhanced Spine Surgery in India.

He Heads Department of Spine Surgery at Kokilaben Dhirubhai Ambani Hospital.
Contact-9137089809, 7498395074
Email-vishalortho@gmail.com
Website-www.dr Vishalp.com



Dr Uday Andar

Dr Uday Andar is an Alumnus of Topiwala National Medical College, Mumbai, having done UG and PG from Mumbai University and Lecturer at KEMH, Mumbai. He is extensively trained in the UK at the Great Ormond Street Childrens Hospital from 1989 – 1993 and has later worked there, as a visiting Consultant, up until 2008/2009. He is now Head of Paediatric Neurosurgery at Wadia Childrens Hospital, Mumbai and visits Bhatia Hospital, Lilavati Hospital, HN Reliance Hospital, SRCC Childrens Hospital, in MUMBAI. He is an Advisor and Co-ordinator for a State-of-Art upcoming MRR Childrens Hospital in Thane Mumbai. His area of interest is Craniofacial surgery, Surgery for Spinal Dysraphism, Complex Brain and Spine Tumours. He has trained many Paediatric Neurosurgeons under the Fellowship program at Wadia Childrens Hospital.



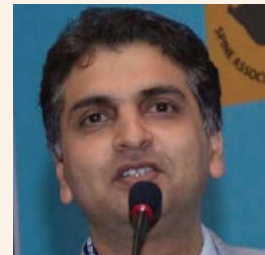
Dr. Amit Sharma

Consultant Spine Surgeon
MS (orth), DNB (orth)
Fellowship- Paediatric Spine Surgery, USA
Fellowship- Adult Spine Surgery, USA

Dr. Amit Sharma practices spine surgery at top hospitals in South Mumbai since 2011. He was trained at best orthopaedic institutes in India (KEM Hospital, Mumbai) and USA (Children's Hospital, New Orleans, Louisiana State University and Hospital for Special Surgery, Cornell University, New York) for spine surgery. Done more than 3500 spine surgeries involving complete spectrum of spine pathologies. He specialises in minimally invasive spine surgery, cervical spine surgery, scoliosis correction and revision spine surgeries. An avid saxophone and harmonica learner.

Hospital affiliations: Saifee, Prince Aly Khan, Breach Candy, Jaslok, Bhatia, Wockhardt

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Dr. Arvind G Kulkarni

Director of Spine Surgery, Mumbai Spine Scoliosis & Disc Replacement Center, Bombay Hospital, Mumbai
Honorary Spine Surgeon, Breach Candy and Saifee Hospitals Mumbai
www.indiaspinesurgery.com



Dr. Vishal Kundnani

M.S (Ortho), F.A.S.S.I, F.N.U.M.S, F.N.U.S

Microendoscopic Spine Surgery Specialist
Chief Spine Surgeon & Head –Mumbai Insttt. of Spine Surgery - **Bombay Hospital**
Senior Spine Surgeon--Center of Excellence in Spine Surgery- **Lilavati Hospital & Research Center**, Mumbai
kundnanivishal@yahoo.co.in, +91-9619100123
Dr. Vishal Kundnani is the most proficient Minimal Invasive (Key Hole Technique) Spine Surgeon Specialising in Micro-Endoscopic Key Hole spine surgery and specialist

in Slip disc, Spinal Stenosis, Spinal TB, Spinal Tumors and Cervical Spine problems. Dr. Vishal Kundnani-gold medalist throughout scholar years- is fellowship trained internationally in centers of repute (UK, Australia, Singapore, Korea and Japan). Dr. Kundnani has conducted more than 5000 Micro endoscopic spine surgeries for Slip Disc. He is a pioneer in Robotic, Navigation Spine surgery- Pioneer of Awake and day care spine surgery; and is internationally renowned for his innovative work and patents in complex Cranio-Verterbal spine surgery. Dr. Kundnani has more than 10 patents of spine implants and more than 100 international publications to credit. He has been contributing to education in spine and is national in-charge of spine surgery fellowship program. Dr. Kundnani has keen interest in sports and fitness and is avid mountaineer.



Dr Deepak N. Bhatia

Dr Deepak N. Bhatia is a shoulder and upper limb surgeon and a sports medicine specialist.

Trained at leading institutions in Belgium, South Africa

and Australia, he has a special interest in sports injuries and arthroscopy of shoulder, elbow & wrist. He is regularly consulted by athletes from all over the country and has performed surgeries on several national and international athletes including Commonwealth and Asian Games medalists. He is a founding member of the Shoulder and Elbow Society of India and is the current Chairman of the Elbow, Wrist and Hand committee of ISAKOS. Dr Deepak Bhatia has developed original surgical techniques for various shoulder and elbow problems and has been twice awarded the prestigious Gary G. Poehling Award for pioneering research in elbow endoscopy. He has more than 100 international publications in leading scientific journals and has lectured and performed live surgeries at national and international shoulder conferences. His practice is at SPORTSMED Mumbai, Sir HN Reliance Hospital, Hinduja Healthcare Surgical, and Apollo hospital.

Email: shoulderclinic@gmail.com
Website: www.shoulderclinic.in



Professor Dr. Sangeet Gawhale

Specialises in complex trauma, has vast experience in reconstructive and joint replacement surgeries. He is a consultant in leading hospitals Saifee, Jaslok and Bhatia Hospital. He also heads a unit at Grant Medical College and J.J.Hospital. He is an academician and is passionate about teaching. He has participated as a Faculty member in many International and National conferences and has numerous scientific publications in reputed medical journals.



Dr.Niraj L Vora

Dr.Niraj L Vora is a Gold Medalist in Orthopaedics from the University of Mumbai and specializes in hip and knee replacement surgery. Having trained and worked extensively

in the UK and Mumbai, he has performed more than 3500 primary and revision joint replacements. He is a teacher and examiner at the college of Physicians and Surgeons of Bombay, and enjoys Sailing, Scuba diving and adventure sports. Besides being the invited faculty on various national and international training programmes, he has also been involved in designing of instrumentation for total knee replacement systems. He practises at Advance Hospital in juhu, Bellevue Hospital in Andheri(W) and Nanavati Superspeciality Hospital in Vile Parle(W).

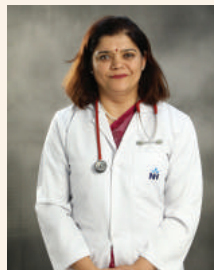
NLV@drnirajvora.com
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Dr. Vaibhav Kasodekar

Dr Vaibhav Kasodekar specialises in joint replacement surgeries and key hole arthroscopic surgeries After completing his MS Orthopedics along with DNB FCPS and Diploma in Orthopedics from KEM hospital Mumbai,pursued fellowships in joint replacements and sports medicine in Singapore, Canada, UK and Australia. He is one of the few surgeons to do Robotic joint replacement surgeries.

He has been a distinguished faculty for many National and International seminars, Conferences and Workshops. He has done more than 8000 surgeries and has vast experience of 20years in Orthopedics He is also a wild life enthusiast and keen conservationist He is attached to various hospitals like Hinduja Healthcare, Lilavati, Jaslok, Global, Wockhardt, Fortis -Raheja, Sushrut, Kohinoor and Dhanwantari. His clinic is:Bone and Joint Wellness Clinic- C16 Crystal colony, Soonawala agiary marg, Near Canossa High school, Mahim West. Contact-0224457606/ 9819996745 Website: www.jointreplacements.in email: kasodekarvaibhav@hotmail.com

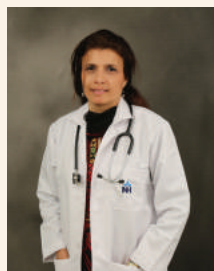


Dr Ruchira Misra

DCh, DNB (Paediatrics), Fellowship in Paediatric Hemato Oncology & Paediatric BMT

Dr. Ruchira Misra is a Senior Consultant in the Department of Paediatric Hematology – Oncology and BMT at SRCC Children's Hospital with an experience of over 14 years in paediatric oncology. She did DCH from LLRM Medical College, Meerut followed by a DNB (Paediatrics) from Bombay Hospital Institute of Medical Sciences. She was further trained at the Children's Hospital at Westmead,

Sydney Australia, in Paediatric Oncology and earned a specialization in BMT. She was involved in setting up the paediatric transplant programme at Medanta, The Medicity hospital, Gurgaon and Rainbow Children's Hospital, New Delhi. Her field of expertise are BMT for Relapsed Malignancies, BMT for Thalassemia, BMT for Inborn Errors of Metabolism. She has authored several articles in peer reviewed journals and textbooks and has been a faculty at numerous conferences. Add: SRCC Children's Hospital, Managed By Narayana Health, 1 A Haji Ali Park, K.Khadye Marg, Opp- Willingdon Sports Club, Mahalaxmi, Mumbai- 400034. For Appointments Contact: 186-0208-0208.



Dr Anaita Hegde

MD (Paediatrics), DCH, MRCPCH, Fellowship in Neurosciences (London University)

Dr Anaita Hegde is a consultant paediatric neurologist affiliated with SRCC Children's Hospital, Wadia Children's Hospital and Jaslok Hospital and Research Centre. She has 20 years plus of experience in paediatric neurology and has special interest in childhood epilepsy, movement disorder and disability. She is a key member in

epilepsy surgery program, holistic neuromuscular clinic, neurorehabilitation clinic and movement disorder clinic.

She has been managing a paediatric neurology fellowship program for over 15 years in addition to her practise she is the founder of the Rural Child Neurology program in the district of Nanded, Dhule for over 10 years.

Add: SRCC Children's Hospital, Managed By Narayana Health, 1 A Haji Ali Park, K.Khadye Marg, Opp- Willingdon Sports Club, Mahalaxmi, Mumbai- 400034. For Appointments Contact: 186-0208-0208.



Dr Sharmila Agarwal

Dr Sharmila Agarwal MD, DNB is Senior Radiation Oncologist in Mumbai practicing since 1995 and has more than 25 years' experience in the field of Oncology.

She is presently the Director, Department of Radiation Oncology, Jaslok Hospital and Research Centre, Mumbai; Consultant, Radiation Oncologist Bethany Hospital Thane; Visiting Consultant at Prince Aly Khan Hospital Mumbai

Email: sac1712@gmail.com Tel No: +91 9821198706



Dr Pradeep Moonot

Having trained and worked in UK, USA, Europe and India for more than 18 years, Dr Pradeep Moonot is an Orthopaedic Consultant and a super specialist in Foot and Ankle, Sports Medicine and Podiatry. He has trained and worked in the best centres in the world like UCL and Imperial College, London, HSS, New York and MSS, Boston. Dr Moonot has a wide experience in dealing with simple as well as complex foot and ankle problems like flat foot, diabetic (charcot) foot, bunions, ankle sprains, rheumatoid deformities

of foot and ankle, etc. He regularly treats elite athletes and marathon runners and was part of the 2019 Mumbai Marathon. He was felicitated by the American Foot and Ankle Society in 2018 Dr Moonot has been organising various courses and has trained more than 100 orthopaedic surgeons in the last 5 years in India. Currently he is the joint secretary of the Indian Foot and Ankle Society. Attachments - Breach Candy, Sir HN Reliance, Wockhardt (Bombay Central), S L Raheja Fortis, Nanavati and Criticare Hospital

Clinic – 1105/1106, Esperenza building, Next to Bank of Baroda, Linking Road, Bandra west
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Email: mkfacclinic@gmail.com



Dr. Sarabjeet Kaur Arneja

M.D.

Dr Sarabjeet Kaur Arneja M.D., is Consultant & Head, Department of Surgical Pathology and Cytology at the Breach Candy Hospital. Trained as an onco-pathologist and molecular pathologist, the focus of her clinical practice has been cancer pathology with a keen interest in

breast pathology.

Backed by more than 20 years of practice, she has been instrumental in building the credibility of diagnostic work which forms the backbone of state-of-the-art oncology services offered in Breach Candy Hospital.

Pulm/ Chest – Medicine

Dr.Zarif F Udwardia
Dr. Alpa Dalal
Dr. Amita Nene
Dr. Samir Garde
Dr. Sandeep Tandon
Dr. Rajesh Sharma
Dr. Nimish Shah

Pediatrics – Neonatology

Dr. Nandkishor Kabra
Dr. Fazal Nabi
Dr. Alpana Utture
Dr. Cyrus Contractor
Dr. Rahul Verma
Dr. Neeru Vitthani
Dr. Soonu Udani

Pediatrics – Surgery

Dr. Ravindra Ramadwar
Dr. Rajeev Redkar
Dr. Rasik Shah
Dr. Gursev Sandlas
Dr. Rakesh Shah
Dr. Sanjay Oak
Dr. Arbinder Singal

Path – Cytopath/ Histopath

Dr. Sarabjeet Kaur Arneja
Dr. Anita Borges
Dr. Anita S. Bhaduri
Dr. Shaila Khubchandani
Dr. Bijal Kulkarni
Dr.Saranya
Singaravel
Dr. Kedar Deodhar

Pediatrics – General

Dr. Dr. Vinit Samdani
Dr. Amin Kaba
Dr. Shobha Sharma
Dr. Sonal Saste
Dr.Ravi Chittal
Dr. Sameer Dalwai
Dr. Rashmi Dalvi



Dr Navita Vyas
M.D.DNB, FIAPM,CIPS(USA)

Pain Medicine Specialist in Kokilaben Hospital,
First Woman Certified Interventional Pain Sonologist &
Pioneer in Ultrasound Guided Pain Interventions in
India.
Areas of Interest: Spinal Pain, Joint & Myofascial Pain,
Chronic Pelvic Pain, Regenerative Medicine, Cancer
Pain & Rehab, Palliative Care
15 years of experience
Performed 7000 Pain & 500 Regenerative procedures
Honorary Secretary of IAPMR
Program Head, Fellowship Pain Medicine
Email Id : navita.purohit@kokilabenhospitals.com
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Dr Preeti Doshi
MD, FRCA,FIPP, FIAFM

Director Pain Medicine

Jaslok Hospital and Research Centre

Internationally trained and qualified with two
decades' experience in minimally invasive pain
interventions for chronic pain including Neu-
romodulation at the most advanced centre for
Neuromodulation in India !



Dr Barnali Das
MD, DNB, PGDHHM

Consultant, Laboratory Medicine, Kokilaben Hospital.
Chair, AACC India.
Executive Member, Scientific Division, IFCC (Interna-
tional Federation of Clinical Chemistry & Laboratory
Medicine).
MBBS, MD, DNB (Biochemistry) from Delhi Universi-
ty; Management training programs from SJM SOM, IIT
Bombay, ISI and IIM.
College of American Pathologist Inspector & NABL

Assessor.

Recipient of two oration awards and four international and seven national awards: CAP
Inspector Excellence Honour, Indian Express "Diagnostic Leadership Award", Zee Busi-
ness Healthcare Leadership Award, Reliance Woman of Substance Award, IFCC DQMCL
Award, AACC Outstanding Speaker Award, etc.

Their project recently received 2020 Univants of Healthcare Excellence Award (Achieve-
ment category globally).

Biography featured in the book "And So Can You".



Dr. Yusuf Matcheswalla

Dr. Yusuf Matcheswalla born on 4th
August 1958.He did his MD (Psychiatry),
M.D.(Forensic Medicine) from Grant
Govt. Medical College, Mumbai
University. He was selected as an
International

Distinguished Fellow of American Psychiatric Association 2019.
Maharashtra Government also honoured him by giving him life
time achievement award at GT Hospital, Mumbai. He has huge
Experience in de-addiction services and serious psychiatric
disorders. Dr. Matcheswalla has been the Head of various
organisations like Bombay Psychiatric Society, Indo Arab society
due to his Leadership skills.ge



Dr. Anshuman Manaswi

MBBS, MS, DNB, M.Ch. is a Senior Reconstructive &
Cosmetic surgeon.
Senior Consultant : La Transformatione', Nanavati
Hospital.
Special Interests: Facial Cosmetic Surgeries, Breast
Surgeries and Lymphedema Surgeries where he has done
pioneering work. Known for personal patient care and
respected amongst peers.
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Dr Gursev Sandlas

Dr Gursev Sandlas is a Consultant Pediatric
Surgeon at Kokilaben Dhirubhai Ambani Hos-
pital. He has a keen interest in Minimal Access
Surgery in Children utilising both Laparoscopic
and Robotic techniques.

He spearheads the Only Comprehensive Robo-
tic Pediatric Surgery Program in Western India.

He specialises in Complex Urogenital and Hepa-
tobiliary Reconstruction in Children. The Hypospadias Clinic at KDAH has
one of the highest success rates in the country and is known for its Stentless
Hypospadias Repair technique.

He runs the only Integrated Robotic and Laparoscopic Pediatric Surgery
Training program in India and has many firsts to his credit including the
First Pediatric Robotic Liver Resection, the First Robotic Intravesical Ure-
teric Reimplantation, the First Robotic Pancreatic Repair in India and the
First Robotic Duhamel's Procedure in the world for Hirschsprung's Disease.



Dr. Taral Nagda

MS (Orthopaedics), DNB (Orthopaedics)

Dr Taral Nagda is one of the country's top Paediatric
Orthopaedic Surgeons with interest in Deformity
correction, Cerebral Palsy and Paediatric hip dis-
orders. He had an outstanding academic career as
UG and PG at Seth Medical College and KEM and
learnt art and science of Children's Orthopaedics
from San Antonio and San Diego USA. He is senior

consultant in Paediatric Orthopaedics at NH-SRCC Children hospital and director
of Jupiter Gait Analysis Lab. He has innovated techniques like Percutaneous My-
ofascial Release (PMFR) for muscle lengthening in cerebral palsy and minimally
invasive deformity correction with 3D printed jigs. He is on board of charitable
organisations like ADAPT, Impact India and Muskan Charitable Trust is happy to
extend helping hand for treatment of paediatric orthopaedic conditions in families
with financial constraints.

Add: SRCC Children's Hospital, Managed By Narayana Health, 1 A Haji Ali Park,
K.Khadye Marg, Opp- Willingdon Sports Club, Mahalaxmi, Mumbai- 400034. For
Appointments Contact: 186-0208-0208

Psychiatry

Dr. Bharat Vatwani
Dr. Yusuf Matcheswalla
Dr. Jayita Deodhar
Dr. Henal Shah
Dr. Kersi Chavda
Dr. Zirak Markar
Dr. Jalpa Bhuta

Radiology – Interventional

Dr. Gireesh Warawdekar
Dr. Shrinivas Desai
Dr. Tejas Dharia
Dr. Jim Modhe
Dr. Rahul Sheth
Dr. Arpita Sahu
Dr.Rajashekhar Gali



DR SIDDHARTH PRAKASH

MBBS, MS, DNB (Plastic surgery)
Cosmetic & Plastic Surgeon
Fellowship in Cosmetic surgery from Harvard
University, USA & Rio, Brazil
Specialist in Liposuction, Body contouring, Breast
surgery & Facial procedures

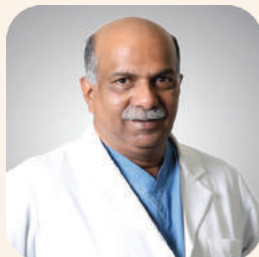
Consultant at Lilavati Hospital, Bandra &
Ambrosia Aesthetics, Andheri
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Dr Rakesh Shah

Dr Rakesh Shah, a pioneer in the field of paediatric
surgery is renowned for his deft surgical skills and
ability to be competent in a crisis. Having trained in
India and UK he has been in practice for nearly 40
years providing relief to many afflicted children and
harried parents.

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Dr Gireesh Warawdekar
M.B.B.S., D.M.R.E., F.S.I.R

Dr Gireesh Warawdekar, Head of Interventional Radiology, Lilavati
Hospital and Research Centre, has been practising Interventional
Radiology in Mumbai for the last three decades. He specializes in
all vascular and non-vascular interventions. He has pioneered many
interventional procedures in the country and has a special interest in
Peripheral Vascular Disease and Aortic Interventions.
He was elected President of the Indian Society of Vascular and Inter-
ventional Radiology (ISVIR) and was also awarded their gold medal
in 2019 for his contribution to the cause of Interventional Radiology
in India. He was a member of the executive board of the Asia Pacific
Society. In 2020, Dr Gireesh Warawdekar has been inducted as Fellow
by the Society of Interventional Radiology, North America - a rare
honour conferred on very few in the world.
He has been mentoring aspiring interventional radiologists for the last
two decades and is currently Professor at the D Y Patil Medical Col-
lege, New Bombay amongst his many other professional attachments
to various hospitals in Mumbai.



Dr Tejas Dharia

Vascular Interventional Radiologist Dr Tejas Dharia
works with a singular aim: improving patient comfort
through reduced surgical morbidity. He employs
technology-driven, minimally-invasive procedures
that mostly involve no more than a needle-prick,
instead of big surgeries, translating into significantly
less post-operative discomfort and early discharges.
He has attended prestigious medical institutions
including Seth G.S. Medical College and K.E.M.

Hospital and Tata Memorial Hospital. He has amassed a wealth of experience in his
decade-long clinical practice.
His extensive clinical expertise includes procedures like: Liver Cancer/Directed
Therapy, Angioplasty for Diabetic Foot, Varicose Veins, Deep Vein Thrombosis, Biopsies
and Drainage, Uterine and Prostatic Artery Embolisation.
Associated as a Consultant Interventional Radiologist with Arogyanidhi, Criticare,
Lilavati, Saifee, Jupiter, Nanavati Hospital, he has his private practice at:
Dr Dharia's Mumbai Endovascular Centre, Samrat Building, Juhu Road, Santacruz (W.),
Mumbai 400054.
(www.drtejasdharia.com)

Robotic Surgery

Dr. Santoshi Nagaonkar
Dr. Avinash Saklani
Dr. T B Yuvaraja
Dr. V Srinivas
Dr. Avinash Arora
Dr. Ganesh Nagarajan
Dr. Jaydeep Palep

Radiation – Oncology

Dr. J P Agarwal
Dr. Sharmila Agarwal
Dr. V Kannan
Dr. Ajay Kolse
Dr. Sarbani Ghosh Laskar
Dr.Nagraj Huilgol
Dr. Nikhil Kalyani

Surgery – Cardiothoracic

Dr.Sudhanshu Bhattacharyya
Dr. Anvay Muley
Dr.Ramakant Panda
Dr. Nitin Gundre
Dr. Kamlesh Jain
Dr. Suresh Joshi
Dr. Sabita Jiwnani
Dr. Aniruddh Trivedi



Dr. Hiren S. Sodha

Dr. Hiren S. Sodha is a Consultant Urologist based in South
Mumbai.

He completed his Training in Urology from Sir H.N.
Hospital, Mumbai.

For his passion in Endo-Urology and LASER surgeries he
went on to further pursue his
Fellowship in Endo-Urology from the Academic Medical
Center, University of Amsterdam.

At present He is attached To Saifee, Breach Candy, Bhatia

and Wockhardt Hospitals, Mumbai.

Dr. Sodha headed the department at R. G. Stone, Andheri for 5 years from Nov 2011 to 2016.
He has published several Papers in National and International Journals. He was actively
involved in the Clinical Research Offices of EndoUrology Society (CROES) in Amsterdam.
Dr. Sodha has mastered the technique of flexible ureteroscopy (RIRS) and is a pioneer in the
same along with all the routine Endo-Urology and LASER surgeries for Kidney Stones and
Prostate.

He has conducted several operative workshops on RIRS and Mini-PERC.
Clinic - "Sodha Endo-Uro-Stone Clinic", Chowpatty Band Stand, Mumbai.

Phone - +919323224056

Email - drhirensodha.seuc@gmail.com



Dr. Nitin Pradeep Gundre

MS, MCH- CVTS (Cardiac Surgery) - KEM Mumbai.

Chief Consultant Cardiac Surgeon,
K. J. Somaiya Super-speciality Hospital, Sion,
Mumbai.

Bethany Hospital, Thane.

Having worked extensively in prestigious
GSMC & KEM Hospital and now at different

super-speciality hospitals in Mumbai; he has made a significant differ-
ence in the lives of his thousands of cardiac surgical patients. To his
credit, he has several international & national publications and awards.
He has mastery in high risk beating heart bypass and valvular heart
surgeries. Devoted doctor for his patients with surgical skills par excel-
lence, he is especially well known for his patient centric and protocol
based approach producing the best of the results.



Dr Vinit Samdani
MD Pediatrics

Consulting Child Specialist With Special Interest In Newborns
Asstt. Hon Prof Pediatrics sir JJ group of Hospitals
Hon Breach Candy, HN reliance, Src, Saifee, bhatia hospital
Undergraduate and post graduate teacher and examiner
National and international publications to credit
drvinitamdani@hotmail.com
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Dr Suraj Suchak
MS, MCh (Urology)

Fellowship in Laparoscopic Urologic Surgery (Belgium) Fellowship in LASER applications in Urology (Paris)

Consultant at Suchak Hospital, Namaha Healthcare, Nanavati Hospital.

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Dr. Shrinivas Desai

“Dr. Shrinivas Desai is synonymous with advancements in radiology in India. He is the Director and Head of Department of Diagnostics and Interventional Radiology at Jaslok Hospital & Research Centre since 1984. His strong beliefs in strengthening the healthcare system with advanced technology made him initiate the next level of radiology care by bringing in state-of-the-art technologies such as MRI, Spiral CT scan, 3D DSA, dual-energy CT and PET scan services within India. He introduced the path-breaking non-invasive technology of MR-guided Focused Ultrasound Surgery (MRgFUS) to India and this part of Asia. He has done more than 2000 MRgFUS treatments for uterine tumors, prostate tumors, bone pathologies etc. He is a prolific speaker and dedicated teacher, and has been invited to deliver lectures across the world. He also has more than 500 research papers and 30 chapters in different textbooks of radiology and other specialties to his credit.”

Rheumatologist

Dr Sanjeev Amin
Dr.Samir Rajadhyaksha
Dr. Neena Singh Chitnis
Dr. Mala Bhambani
Dr. Arun Chogle
Dr.Varsha Bagul
Dr. Prakash Pispati

Surgery – General

Dr.Aparna Goel Bhaskar
Dr. Sonali Bhagwat
Dr. Sameer Rege
Dr. Muffazal Lakdawala
Dr. Mehil Nazir
Dr. Vijay Deshmukh
Dr. Taher Mithi

Surg – Vascular

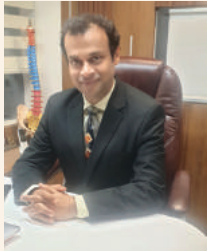
Dr. Paresh Pai
Dr. Amish Mhatre
Dr. Shoaib Padaria
Dr. Raghuram Shekhar
Dr. Pankaj Patel
Dr. Rajendra Umbarkar
Dr. Shripal Doshi



Dr. Charudatta

Dr. Charudatta Chaudhari is a Plastic Surgeon with more than 20 years of practice with good standing amongst the colleagues and well liked by the patients.

He is offering his services in Cosmetic and Reconstructive surgeries with the goal of helping patients realistically.
He has developed special expertise in Post cancer plastic surgery. And is available for consultation at Apollo Hospital, Navi Mumbai.



Dr. Nikhil Arbatti

Dr. Nikhil Arbatti is a Minimally Invasive & Endoscopic Spine Surgery Specialist, Who has undergone extensive training in Spinal surgery in India & Abroad. With more than 18 years of experience and more than 5000 Spinal surgeries, He is a pioneer in Minimally Invasive Spine surgeries. Attached to Majority of Hospitals in Mumbai, Dr.Nikhil places importance on Minimally Invasive Spinal Surgeries. Dr.Nikhil also is an avid runner and trekker.

For consultation:
Advanced Spine Care Clinic 203, D square building Opposite goklibai School Dadabhai Road Vile parle west.
For appointments : 01414156673.

Radiology – Diagnostic

Dr. Bhavin Jankharia
Dr. Anirudh Kohli
Dr. Sabita Desai
Dr. Sunila Jaggi
Dr. Rashmi Saraf
Dr. Sorab Sidhva
Dr. Darshana Sanghvi

Surgery – Urology

Dr. Hiren Sodha
Dr. Suraj Suchak
Dr. Manu Sobti
Dr. Phiroze Soonawala
Dr. Sujata Patwardhan
Dr. Ashiq Raval
Dr.Shailesh Raina

Surgery – Onco

Dr. Sultan Pradhan
Dr. Deepak Chabra
Dr. Dr. Prasad Kasbekar
Dr. P Jagganath
Dr. Peresh Jain
Dr. Vijay Haribhakti
Dr. Soumil Vyas

Surgery – Gastro

Dr. Sanjay Nagral
Dr. Tehemton Udwadia
Dr. Biswanath Gouda
Dr. Nilesh Doctor
Dr. Prajesh Bhuta
Dr. Sudeep Shah

Sexology

Dr. Prakash Kothari
Dr. Ishwar Gilada
Dr. Rajan Bhosle
Dr. Girish Sanghvi
Dr. Rajshekhar Brahmabhatt
Dr. J K Nath
Dr. Riddhish Maru



SRCC CHILDREN'S HOSPITAL



Managed by Narayana Health

PERINATOLOGY: NEED OF THE PRESENT TIME

Pregnancy and childbirth are a very important milestone in any family. Generally, it is a joyful and exciting experience for the entire family. However, sometimes this pregnancy becomes high risk due to factors which will be discussed at the end of the article. Such high-risk pregnancies must be taken care of by team of the dedicated specialists interested in the wellbeing of mother and foetus. This field of taking care of high-risk pregnancy is also known as **PERINATOLOGY**. The specialists who take care of such a high-risk pregnancy form a team and generally, it comprises of the Obstetrician, Fetal Medicine Specialist, Neonatologist, Paediatric Surgeon, Paediatric Cardiologist, Paediatric Cardiac Surgeon, Paediatric Neurologist, Paediatric Neurosurgeon, Geneticist, etc. SRCC Children's Hospital managed by Narayana Health located at Haji Ali, Mumbai has an experienced team of doctors who can take care of any high-risk pregnancy and the Department of Perinatology will be starting very soon.

As a part of the routine antenatal care, the mother has a certain number of visits with their treating Obstetrician. Similarly, the foetus too is examined, by sonographic examination, at specific times during pregnancy: at the gestational age of 6-7 weeks to confirm pregnancy and rule out ectopic pregnancy, the number of foeti, viability and dating; at 12 weeks to look for early structural assessment, Nuchal Translucency and screening for common aneuploidies, screening for preeclampsia and preterm birth; at 18-20 weeks an anomaly scan to rule out certain structural anomalies in the foetus; followed by 1 or 2 scans at 32 and 36 weeks for growth and wellbeing of the foetus. The anomaly scan is very important, and it is usually normal in most pregnancies. However, in 2-3% pregnancies, abnormal findings are seen. At such times, the family must be counselled by a team of experts to help understand the anomaly, prognosticate it, perform interventions if needed and to plan the delivery and postnatal care.

For example, if the foetus is detected to have a diaphragmatic hernia then the team of Fetal Medicine Specialist, Obstetrician, Paediatric Surgeon and Neonatologist counsel such a family and depending upon the specific findings, the family is informed about the prognosis. At the end of the counselling, the family should

be able to take an informed decision, whether to continue with the pregnancy or terminate it. This counselling is very important so that anomalies with a good prognosis are not terminated due to misinformation and fear. Many anomalies, like swelling of one kidney due to obstruction (hydronephrosis), need one surgery and infants are well after surgery in most of the cases. If the family is informed accurately, antenatally, about the good prognosis by the experts who treat it after birth, then they are likely to continue with the pregnancy and not terminate it. The termination of pregnancy has long term psychological consequences and should only be undertaken after detailed and scientifically accurate discussion with experts. Some anomalies have an underlying genetic abnormality, which makes the condition lethal or highly morbid, and termination may be the only option.

Examples of conditions which will be considered as a high-risk pregnancy:

1. Detection of an anomaly on antenatal sonography
2. Pre-existing maternal co-morbidities: hypertension, diabetes, heart disease, autoimmune diseases etc.
3. Maternal age > 37 years
4. Pregnancy induced hypertension, Gestational Diabetes
5. Twin, especially Monochorionic twin pregnancy and higher order gestation
6. History of complications in past pregnancies: multiple miscarriages, previous preterm labor, previous still birth, previous fetal anomaly
7. Infections in current pregnancy: CMV, toxoplasmosis, Rubella, Parvovirus, Chickenpox etc which can affect the fetus
8. Abnormal prenatal tests

Such a high-risk pregnancy needs to be taken care of by a compassionate and well trained team of professionals to guide the family throughout the pregnancy for best outcome of the mother and baby and help alleviate the stress and anxiety that can come with a high-risk pregnancy.

Authored by

Dr. Rasik Shah

Sr. Consultant (Paediatric General & Laparoscopic Surgery)
SRCC Children's Hospital, managed by Narayana Health

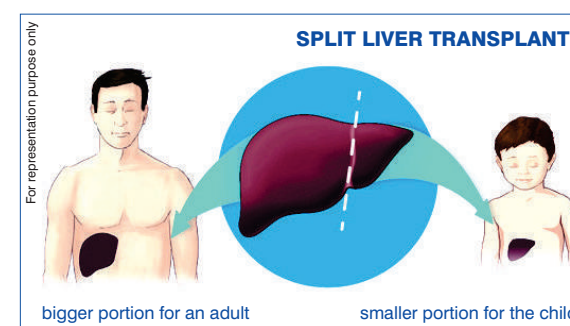
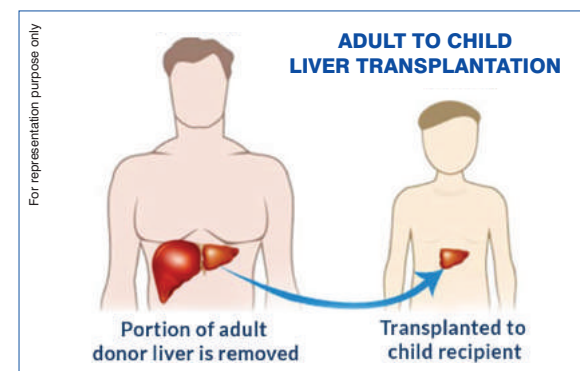
GIFT A NEW LIFE - LIVER TRANSPLANT IN CHILDREN

The treatment of liver diseases in children is very challenging as the manifestations of liver disease are highly variable. Liver disease presentation can vary from overtly evident jaundice to subtle signs of growth failure. Early diagnosis is very important as any delay in diagnosis can have a detrimental impact on successful outcome - both short term and long term.

Jaundice in the new born can be physiological immediately after birth and at the same time can be the sign of a life threatening condition. Any evidence of jaundice after 2 weeks of age should raise suspicion of serious liver disease and prompt a thorough evaluation.

Children with severe liver dysfunction (end stage liver disease) not responding to conservative treatment need liver transplantation. The most common indication is biliary atresia - others include Wilson's disease (copper overload), metabolic liver disease, haemochromatosis (iron overload), liver tumors and acute liver failure due to infections or drug toxicity.

Both deceased and living donor liver transplantation can be offered to children. In deceased donor liver transplant the child may receive a whole liver (from a pediatric brain dead donor) or in case of an adult brain dead donor the liver can be split into two - bigger portion for an adult and smaller for the child. In living donor liver transplantation, a living related donor donates a part of his/her liver to the child. In the west, most of the transplants are from deceased donors, but in India, more than 90% of pediatric transplants are from living related donors due to lack of organ donation awareness and long wait list time.



The management of children after liver transplant is extremely demanding and requires a comprehensive multidisciplinary care. The child usually stays in ICU for a week, after which he/she is shifted to the ward. The child has to be on immunosuppressive medications so utmost care is taken to ensure the infection control protocol is strictly implemented at all times. In the ward, the parents are slowly transitioned to take an active part in the care of the child with the help of nursing staff, nutritionist and the transplant coordinator. This prepares the parents to take care of the specialized needs of child once he/she is discharged from hospital. Before the child goes home the parents are provided with all the necessary instructions for proper care of the child and the schedule for follow-up clinics which becomes fewer and further apart with time.

Most children return to normal life 6 months after the transplant with the onus of avoiding infections during this phase. The child has to be on a balanced diet and religiously adhere to the immunosuppressive medications. By the end of 1st year post transplant, the child can attend school, participate in sports and other co-curricular activities. Over long term, they can lead a normal married life and can have children. Unlike other solid organ transplants, where the organ might have to be retransplanted over a period of time, liver generally outlives the normal life span of the child if properly taken care of.

Authored by

Dr. Rajeev R. Sinha

Associate Director and Sr. Consultant
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Narayana Institute of Liver Sciences and SRCC Children's Hospital, managed by Narayana Health, Mumbai

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